



KGA PREGNANCY OUTREACH PROGRAMSM

The EAP offers a variety of services that might be helpful during a pregnancy and/or leave of absence from work. All of the services are covered by your company's benefits and are confidential.

The EAP may...

Provide you with a counselor to touch base with throughout your pregnancy. Just knowing that the EAP counselor is available may help you through this new and challenging time.

Help with research, consultation and referral to pregnancy resources, support services, and other medical and non-medical resources.

Send you a free pregnancy kit including pamphlets, books, and other pregnancy-related information.

Discuss childcare options including family day care, day care centers, in-home care, and babysitters. The EAP can make the many calls needed to find the right child care situation for your family.

Connect you with early pregnancy programs, 24/7 nurse lines, and other "well-baby" services.

Refer you to pregnancy workshops and informative web sites about pre-natal care, high-risk pregnancy, infections, and labor and delivery.

Research pediatricians, playgroups, and baby equipment.

Provide information on nursing, weaning, and pregnancy-related conditions.

Evaluate postpartum depression and refer you to appropriate clinicians who specialize in new mothers.

Assist with career planning and referrals to coaches for pregnancy-related career issues.

Provide assistance if complications occur during your pregnancy including referrals to counselors, support groups, and fertility specialists.

Contact the EAP at any time at 800-648-9557 or email us at info@kgreer.com.

KGA, INC.

IMPROVING EMPLOYEE AND MANAGER PERFORMANCE

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